

## **Transcript of David Brook video - Launch of #BeingCoop Awards 2019**

Back in January I nominated my team for the Succeed Together award. The team were absolutely amazed to win the award.

It came as a shock to them. Obviously they knew they were nominated, but it was a great surprise to them I think.

From that, the motivation and the morale round the team is absolutely amazing.

For a team like mine to win this award from the whole Co-op is absolutely huge. So when the team found out they'd won they were absolutely over the moon.

From that, one of the smallest things - but possibly the most meaningful to me - was a card I received from the team thanking me for nominating them and for helping them succeed together. That was probably out of everything, for me, the biggest thing.

We got to go the AGM as VIPs. We then went to an afternoon tea and met some of the Exec and got to talk to them about what we'd done and what we do in store on a day to day basis, which was great. The team loved that.

Following that, we got to go on an experience day to one of our suppliers. We got a tour of the local brewery, food and we got to spend the day there having some drinks and socialising together.

In January when I nominated my team all I had to do was fill out the form. So simple.